

Crispy Chicken Sandwich, Protein Bento Box,  
Sun Butter & Jelly w/String Cheese or Turkey & Cheese Sandwich  
Crispy Chicken Salad or Grilled Chicken Caesar Salad

# MENU

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**DECEMBER**  
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## NURSE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Rotini w/Meat Sauce <b>2</b> Garlic Knot Peas & Carrots Warm Cinnamon Pears	Chicken Tenders <b>3</b> Corn on the Cob Chocolate Cocoa Cookie	Breakfast for Lunch <b>4</b> Sunrise Waffles (2) Cheese Omelet Home Fries 100% Juice Cup & Syrup	Ultimate Nachos <b>5</b> Salsa & Sour Cream Guacamole Mexican Street Corn Mango Peach Applesauce	Pizza <b>6</b> Fresh Vegetable Rice Krispie Treat
Popcorn Chicken <b>9</b> & Mashed Potato Bowl Yellow Corn Dinner Roll	Ham & Cheese Croissant <b>10</b> Baked Chips Tomato Cucumber Mozzarella Salad	Crispy Chicken Sandwich <b>11</b> w/spec sauce & pickles Seasoned Waffle Fries Crunchy Kale Salad <b>NY FOOD DAYS</b> Harvest of the Month	Macaroni & Cheese <b>12</b> w/Buffalo Chicken Breadstick & Broccoli	Pizza <b>13</b> Fresh Vegetable Rice Krispie Treat
Crispy Chicken Tenders <b>16</b> with assorted dipping sauces Pesto Parmesan Rotini	Cheeseburger <b>17</b> Seasoned Curly Fries Tortellini Pasta Salad	Gen Tso Chicken <b>18</b> Fried Rice & Veg Egg Roll Stir Fry Vegetables	BYO Burrito Bowl <b>19</b> w/Cilantro Lime Rice (beans, protein, sides) Salsa & Sour Cream Guacamole	Pizza <b>20</b> Fresh Vegetable Holiday Cookie
Winter Break <b>23</b> No School	Winter Break <b>24</b> No School	Winter Break <b>25</b> No School	Winter Break <b>26</b> No School	Winter Break <b>27</b> No School
Winter Break <b>30</b> No School	Winter Break <b>31</b> No School	<b>1</b>	<b>2</b>	<b>3</b>

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change. Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

In collaboration with  
**CAPITAL REGION**  
**BOCES**  
SHARED FOOD SERVICE PROGRAM

